

2023 Section 7AA Championship

May 31 & June 3 at Hibbing

Boys

Rock Ridge	117
Cloquet	106.5
Grand Rapids	104
Chisago Lakes	83
Proctor	62
North Branch	57
Hermantown	47
Mora	37
Hibbing	32
Duluth Denfeld	29
Pine City	27

Girls

North Branch	145
Chisago Lakes	122
Cloquet	95
Pine City	71
Hibbing	65
Hermantown	63.5
Proctor	41
Rock Ridge	41
Grand Rapids	27
Mora	24.5
Duluth Denfeld	7

Varsity Boys 100 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1	Jordan Aultman	12	Cloquet	11.03	-0.1
2	Edmond Morris	10	Chisago Lakes	11.10	-0.1
3	Austin Prebeck	10	Grand Rapids	11.32	-0.1
4	Taye Manns	10	Duluth Denfeld	11.38	-0.1
5	Andrew Wilson	10	Rock Ridge	11.41	-0.1
6	Broc Sundland	12	Hermantown	11.69	-0.1
7	Taguta Tadiwanaishe	10	Grand Rapids	11.82	-0.1
8	Brock Peterson	11	Mora	11.87	-0.1

Varsity Boys 100 Meters Prelims

=====

Athlete Yr Team Mark

=====

1	Jordan Aultman	12	Cloquet	11.08
2	Edmond Morris	10	Chisago Lakes	11.48
3	Austin Prebeck	10	Grand Rapids	11.53
5	Taye Manns	10	Duluth Denfeld	11.61
6	Taguta Tadiwanaishe	10	Grand Rapids	11.71
4	Andrew Wilson	10	Rock Ridge	11.72
7	Broc Sundland	12	Hermantown	11.86
8	Brock Peterson	11	Mora	12.00
9	Michel Nichols	7	Grand Rapids	12.00
10	Laykn Lyons	9	Proctor	12.01
11	Blake Schmidt	12	Chisago Lakes	12.05
12	Ryan Prihoda	12	Pine City	12.14
13	Gavin Tabbert	11	Proctor	12.14
14	Ieuan Bailey	9	Chisago Lakes	12.19
15	Sawyer Williams	10	Rock Ridge	12.22
16	Josh Bankers	12	Mora	12.25

17	Tyceson Johnson	12	Cloquet	12.26
18	Thomas Hagen	12	Hibbing	12.28
19	Griffin Krmpotich	12	Rock Ridge	12.29
20	Trevor VonBrethorst	12	Hibbing	12.36
21	Mace Brooks	11	Duluth Denfeld	12.37
22	Austin Reynolds	10	North Branch	12.41
23	Andrew Lees	12	Hibbing	12.45
24	Michael Dragicevich	11	North Branch	12.49
25	Brody Summers	11	Hermantown	12.54
26	Luke Pearson	11	Duluth Denfeld	12.57
27	John Mead	12	Pine City	12.58
28	Nashton Johanson	9	Cloquet	12.81
29	Jacob Barnstorf	11	Proctor	12.81
30	Justin Norby	11	Mora	12.94
31	Rudy Gatzke	10	Pine City	13.02
32	Zach Thorsten	11	Hermantown	13.34

Varsity Girls 100 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1	Dakota Esget	10	North Branch	12.72	-0.8
2	Kellyn Biondi	12	Hermantown	12.73	-0.8
3	Bene' Smith	10	Chisago Lakes	12.79	-0.8
4	Parker Ennis	11	Mora	13.01	-0.8
5	Isabella Avey	9	Cloquet	13.10	-0.8
6	Lena Roubinek	11	Pine City	13.13	-0.8
7	Lauren Johnson	11	Proctor	13.25	-0.8
8	Kailie Kopp	9	North Branch	13.44	-0.8

Varsity Girls 100 Meters Prelims

=====

Athlete Yr Team Mark

=====

1	Dakota Esget	10	North Branch	12.92
2	Bene' Smith	10	Chisago Lakes	13.10
5	Kellyn Biondi	12	Hermantown	13.18
3	Isabella Avey	9	Cloquet	13.29
6	Lena Roubinek	11	Pine City	13.30
4	Parker Ennis	11	Mora	13.42
7	Lauren Johnson	11	Proctor	13.55
8	Kailie Kopp	9	North Branch	13.65
9	Alexa Snesrud	12	Cloquet	13.65
10	Lexie Pueringer	9	Duluth Denfeld	13.84
11	Addison Griffin	8	Chisago Lakes	13.87
12	Andrea Petroske	10	Hibbing	13.92
13	Lily DeBay	7	Grand Rapids	13.97
14	Lily Smith	10	Proctor	13.99
15	Allexa Alzen	9	Grand Rapids	14.04
16	Kayden Maturi	11	Rock Ridge	14.17
17	Annika Nelson	10	Hermantown	14.25
18	Jade Knoespel	9	North Branch	14.27
19	Alexandra Bartz	9	Chisago Lakes	14.30
20	Jada Morgan	10	Grand Rapids	14.40
21	Ashley Dahl	11	Rock Ridge	14.48
22	Uriah Bell	9	Duluth Denfeld	14.49
23	Emma Johnson	12	Pine City	14.50
24	Gabby Wright	10	Mora	14.70
25	Jamie Ehresman	11	Proctor	14.75

26 Siri Stocke 12 Rock Ridge 14.76
27 Ariana Ellis 10 Hibbing 14.84
28 Desiree Diiorio 11 Hibbing 14.86
29 Morgan Macho 10 Pine City 15.11
30 Erica McDonald 11 Hermantown 15.15
31 Natalia Hernandez 10 Cloquet 15.37

2 Sophia Thorsen 8 North Branch 26.02 -1.6
3 Sophia Benedict 10 North Branch 26.67 -1.6
4 Adaeze Enemuoh 10 Hermantown 26.79 -1.6
5 Gianna Hansen 9 Proctor 26.95 -1.6
6 Allison Fink 10 Rock Ridge 27.42 -1.6
7 Lauren Johnson 11 Proctor 27.54 -1.6
8 Liv Birkeland 12 Hermantown 27.64 -1.6

Varsity Boys 200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Austin Prebeck 10 Grand Rapids 22.96 -0.7
2 Taguta Tadiwanaishe 10 Grand Rapids 23.10 -0.7
3 Andrew Wilson 10 Rock Ridge 23.43 -0.7
4 Reid Ketola 10 Grand Rapids 23.50 -0.7
5 Taye Manns 10 Duluth Denfeld 23.57 -0.7
6 Andrew Schmitz 12 Hermantown 23.67 -0.7
7 Gavin Tabbert 11 Proctor 23.98 -0.7
8 Joshua Byrne 12 Chisago Lakes 25.11 -0.7

Varsity Boys 200 Meters Prelims

=====

Athlete Yr Team Mark

=====

1 Taguta Tadiwanaishe 10 Grand Rapids 23.79
2 Andrew Schmitz 12 Hermantown 23.80
5 Taye Manns 10 Duluth Denfeld 23.80
3 Andrew Wilson 10 Rock Ridge 23.90
4 Austin Prebeck 10 Grand Rapids 24.09
6 Reid Ketola 10 Grand Rapids 24.10
7 Gavin Tabbert 11 Proctor 24.16
8 Joshua Byrne 12 Chisago Lakes 24.25
9 Laykn Lyons 9 Proctor 24.33
10 Dallas Fix 12 Mora 24.39
11 DaShawn Hartle 11 Duluth Denfeld 24.41
12 Logan Drews 12 Hibbing 24.42
13 Simon Strand 11 Chisago Lakes 24.44
14 Noah Hansen 10 Cloquet 24.48
15 Ben Riipinen 12 Hibbing 24.66
16 Josh Brinker 12 Pine City 24.68
17 Brock Peterson 11 Mora 24.77
18 Leo Johnson 10 Rock Ridge 24.91
19 Anthony Bergeron 10 Pine City 24.96
20 Thomas Hagen 12 Hibbing 25.04
21 Michael Dragicevich 11 North Branch 25.18
22 Zane Lokken 11 Rock Ridge 25.25
23 Mace Brooks 11 Duluth Denfeld 25.39
24 Alex Smith 12 Chisago Lakes 25.49
25 Connor Gmahl 12 Mora 25.96
26 Austin Reynolds 10 North Branch 26.12
27 Jacob Barnstorf 11 Proctor 26.37
28 Connor Fure 11 Hermantown 26.72
29 Daimien Lord 10 Pine City 26.90
30 Preston Strang 10 Cloquet 26.95
31 Zach Thorsten 11 Hermantown 27.31
32 Conner Tibbetts 9 Cloquet 27.51

Varsity Girls 200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Lizzy Fultz 9 Rock Ridge 26.01 -1.6

Varsity Girls 200 Meters Prelims

=====

Athlete Yr Team Mark

=====

1 Sophia Thorsen 8 North Branch 26.57
2 Sophia Benedict 10 North Branch 26.81
5 Adaeze Enemuoh 10 Hermantown 26.94
3 Lizzy Fultz 9 Rock Ridge 27.06
6 Gianna Hansen 9 Proctor 27.71
7 Allison Fink 10 Rock Ridge 27.72
4 Liv Birkeland 12 Hermantown 27.93
8 Lauren Johnson 11 Proctor 28.08
9 Kailie Kopp 9 North Branch 28.08
10 Mallory Clepper 9 Pine City 28.32
11 Kennedy Wick 10 Cloquet 28.47
12 Andrea Petroske 10 Hibbing 28.66
13 Lola Schwinghamer 11 Mora 28.70
14 Hattie Eskeli 8 Hibbing 28.72
15 Claire Beaver 7 Chisago Lakes 28.72
16 Addison Griffin 8 Chisago Lakes 28.74
17 Peyton Liao 7 Pine City 28.92
18 Allexa Alzen 9 Grand Rapids 28.97
19 Anna Foldesi 12 Duluth Denfeld 29.07
20 Lauren Bates 10 Grand Rapids 29.09
21 Miia Johnson 8 Rock Ridge 29.55
22 Gabby Wright 10 Mora 29.64
23 Chelsea Stipe 8 Chisago Lakes 29.65
24 Rylee Moellering 7 Hibbing 30.01
25 Gracie Larson 9 Pine City 30.30
26 Latasaija Garner 9 Duluth Denfeld 30.67
27 Riley Toivonen 11 Grand Rapids 30.74
28 Evelyn Onken 10 Proctor 30.95
29 Makayla Stirewalt 9 Cloquet 31.57
30 Ana Haugen 9 Duluth Denfeld 31.76
31 Erica McDonald 11 Hermantown 31.85
32 Natalia Hernandez 10 Cloquet 32.21

Varsity Boys 400 Meters Finals

=====

Athlete Yr Team Mark

=====

1 Andrew Schmitz 12 Hermantown 50.77
2 Blake Schmitz 12 Hermantown 51.34
3 Tristan Peterson 11 Rock Ridge 52.57
4 Josh Brinker 12 Pine City 52.87
5 Logan Drews 12 Hibbing 52.94
6 Connor Matschiner 12 Rock Ridge 54.55
7 Michel Nichols 7 Grand Rapids 55.30
8 Cole Abernethy 10 Duluth Denfeld 56.53

Varsity Boys 400 Meters Prelims

=====

Athlete Yr Team Mark

=====

- 1 Andrew Schmitz 12 Hermantown 52.19
- 2 Blake Schmitz 12 Hermantown 52.26
- 3 Tristan Peterson 11 Rock Ridge 52.56
- 4 Connor Matschiner 12 Rock Ridge 52.81
- 5 Josh Brinker 12 Pine City 53.37
- 6 Cole Abernethy 10 Duluth Denfeld 53.57
- 7 Michel Nichols 7 Grand Rapids 53.92
- 8 Logan Drews 12 Hibbing 53.98
- 9 Luca Pellini 10 Rock Ridge 54.17
- 10 Emmet Prosen 11 Cloquet 54.34
- 11 William Foldesi 11 Duluth Denfeld 54.38
- 12 Finn Eskeli 10 Hibbing 54.47
- 13 Jonah Jacobson 11 Mora 54.79
- 14 Aaron Chesney 9 Duluth Denfeld 54.88
- 15 Tyceson Johnson 12 Cloquet 54.90
- 16 James Novy 9 Cloquet 55.17
- 17 Ryley Phipps 10 Chisago Lakes 55.20
- 18 Charlie Ausmus 10 Pine City 55.59
- 19 Mason Sovada 11 Grand Rapids 56.59
- 20 Noah Wise 9 Hermantown 56.59
- 21 Sawyer McDaniel 10 Pine City 56.71
- 22 Henry Peterson 11 Chisago Lakes 56.72
- 23 Braden Mehle 12 Proctor 57.37
- 24 Preston Sullivan 12 Hibbing 57.77
- 25 Justin Norby 11 Mora 57.94
- 26 Matthew Fenton 10 North Branch 58.47
- 27 Darren Morley 12 Chisago Lakes 58.93
- 28 Lucas Rychert 9 Grand Rapids 58.95
- 29 Jack Lind 12 Mora 58.96
- 30 Michael Dragicevich 11 North Branch 59.30
- 31 Trevor Anderson 9 Proctor 1:00.65
- 32 Kyle Ward 11 Proctor 1:01.05

Varsity Girls 400 Meters Finals

=====

Athlete Yr Team Mark

=====

- 1 Alexa Shepherd 11 Cloquet 1:00.36
- 2 Derrian Dick 10 North Branch 1:00.89
- 3 Liv Birkeland 12 Hermantown 1:01.16
- 4 Olivia Theien 7 Hibbing 1:02.67
- 5 Ahnika Fossum 9 Duluth Denfeld 1:03.97
- 6 Sophie Lahti 12 Pine City 1:04.57
- 7 Paige Evans 10 Proctor 1:04.60
- 8 Campbell Amundson 10 Hermantown 1:06.25

Varsity Girls 400 Meters Prelims

=====

Athlete Yr Team Mark

=====

- 1 Alexa Shepherd 11 Cloquet 1:00.39
- 2 Liv Birkeland 12 Hermantown 1:02.81
- 3 Derrian Dick 10 North Branch 1:03.15
- 4 Sophie Lahti 12 Pine City 1:03.72
- 5 Olivia Theien 7 Hibbing 1:04.46
- 6 Paige Evans 10 Proctor 1:04.49
- 7 Ahnika Fossum 9 Duluth Denfeld 1:04.74
- 8 Campbell Amundson 10 Hermantown 1:05.10
- 9 Kaitlyn Olson 10 Grand Rapids 1:05.30
- 10 Lola Witty 9 Proctor 1:05.40
- 11 Abigail Theien 10 Hibbing 1:05.45
- 12 Alizah Langner 10 Hibbing 1:05.64

- 13 Vivian Lahti 9 Pine City 1:05.70
- 14 Brooke Wiese 9 Hermantown 1:06.18
- 15 Sarah Turner 10 Cloquet 1:06.29
- 16 Chelsea Stipe 8 Chisago Lakes 1:06.30
- 17 Miia Johnson 8 Rock Ridge 1:06.39
- 18 Tayah Anderson 11 Mora 1:07.12
- 19 Kate Williams 9 Grand Rapids 1:08.14
- 20 Addison Youngren 10 Rock Ridge 1:08.49
- 21 Alexandra Bartz 9 Chisago Lakes 1:08.72
- 22 Allana Carlson 12 Proctor 1:09.57
- 23 Mia Stark 11 Rock Ridge 1:09.92
- 24 Gracie Larson 9 Pine City 1:11.05
- 25 Julia Miletich 10 Duluth Denfeld 1:11.28
- 26 Alyssa Jackson 11 Grand Rapids 1:12.78
- 27 Lillian Aleshire 11 Duluth Denfeld 1:13.71
- Alexandra Smothers 8 Chisago Lakes DQ

Varsity Boys 800 Meters Finals

=====

Athlete Yr Team Mark

=====

- 1 Cameron Stocke 12 Rock Ridge 1:58.28
- 2 Andrew Schmitz 12 Hermantown 2:03.64
- 3 Biruk Killeen 10 Chisago Lakes 2:05.57
- 4 Calvin Snesrud 11 Cloquet 2:06.85
- 5 Braxton Peetz 10 Pine City 2:08.51
- 6 Gunnar Larson 10 Grand Rapids 2:09.50
- 7 Justin Walker 11 Hibbing 2:10.39
- 8 Andrew Shepherd 9 Cloquet 2:10.54
- 9 Luke Rosholt 11 Duluth Denfeld 2:11.80
- 10 Weston Clementson 9 Pine City 2:14.96
- 11 Jared Delich 12 Rock Ridge 2:18.93
- 12 Eli Fromm 10 Pine City 2:20.55

Varsity Boys 800 Meters Prelims

=====

Athlete Yr Team Mark

=====

- 1 Cameron Stocke 12 Rock Ridge 1:54.25
- 2 Jared Delich 12 Rock Ridge 2:01.13
- 4 Calvin Snesrud 11 Cloquet 2:03.55
- 5 Weston Clementson 9 Pine City 2:04.84
- 7 Braxton Peetz 10 Pine City 2:05.53
- 3 Andrew Schmitz 12 Hermantown 2:05.60
- 8 Eli Fromm 10 Pine City 2:05.77
- 6 Biruk Killeen 10 Chisago Lakes 2:06.02
- 9 Gunnar Larson 10 Grand Rapids 2:08.82
- 10 Andrew Shepherd 9 Cloquet 2:09.49
- 11 Luke Rosholt 11 Duluth Denfeld 2:09.50
- 12 Justin Walker 11 Hibbing 2:10.77
- 13 Grant Hansen 12 Rock Ridge 2:11.86
- 14 Taite Murden 11 Hibbing 2:11.93
- 15 Isaac Sushoreba 12 Proctor 2:12.45
- 16 Jake Walli 9 Hibbing 2:13.54
- 17 Seth Rothamel 11 Cloquet 2:13.90
- 18 Henry Johnson 11 Chisago Lakes 2:17.41
- 19 Brayden Rock 12 Duluth Denfeld 2:18.17
- 20 Alex Ruth 11 Proctor 2:19.28
- 21 Brandon Odland 10 Chisago Lakes 2:21.69
- 22 William Stelmack 7 North Branch 2:21.78
- 23 Mason Adler 10 Grand Rapids 2:23.11
- 24 Noah Wise 9 Hermantown 2:23.64

25 Paul Boelk 12 North Branch 2:24.25
26 Mathew Johnson 9 Grand Rapids 2:26.51
27 Ted Anderson 11 Mora 2:27.43
28 Jonah Jacobson 11 Mora 2:28.97
29 Vaughn Kukowski 10 Hermantown 2:29.01
30 Gabe Bachke 10 Proctor 2:39.69
31 Kyle Larson 11 Duluth Denfeld 2:46.20

Varsity Girls 800 Meters Finals

=====

Athlete Yr Team Mark

=====

1 Emery Maki 12 Hibbing 2:20.41
2 Madison Whitman 11 North Branch 2:24.28
3 Geli Stenson 12 Hibbing 2:24.82
4 Maija Lamppa 9 Rock Ridge 2:26.82
5 Erin Soup Loeb 11 Cloquet 2:29.16
6 Alexa Shepherd 11 Cloquet 2:29.90
7 Carlie Blevins 11 Proctor 2:30.07
8 Claire Niksich 9 Hermantown 2:30.98
9 Paisley Kleiman 10 Proctor 2:31.40
10 Allison Unverzagt 11 Pine City 2:31.46
11 Charlotte Ripp 12 Cloquet 2:33.17
12 Lexi Lamppa 9 Rock Ridge 2:33.19

Varsity Girls 800 Meters Prelims

=====

Athlete Yr Team Mark

=====

1 Emery Maki 12 Hibbing 2:20.09
4 Geli Stenson 12 Hibbing 2:23.09
7 Madison Whitman 11 North Branch 2:25.83
2 Maija Lamppa 9 Rock Ridge 2:26.57
5 Alexa Shepherd 11 Cloquet 2:26.61
3 Erin Soup Loeb 11 Cloquet 2:26.69
6 Paisley Kleiman 10 Proctor 2:28.67
8 Allison Unverzagt 11 Pine City 2:29.14
9 Carlie Blevins 11 Proctor 2:29.25
10 Claire Niksich 9 Hermantown 2:30.47
11 Charlotte Ripp 12 Cloquet 2:31.01
12 Lexi Lamppa 9 Rock Ridge 2:33.84
13 Lainey Hallan 11 Chisago Lakes 2:35.05
14 Hope Carlson 12 Proctor 2:36.26
15 Eleanor Udem 11 Chisago Lakes 2:36.43
16 Annika DeGracia 11 Mora 2:39.63
17 Adeline Carlson 10 Chisago Lakes 2:39.99
18 Emma Reini 10 Hibbing 2:40.62
19 Kayla Jenkins 10 Grand Rapids 2:42.02
20 Alexis Sway 7 North Branch 2:43.95
21 Olivia Thompson 9 Mora 2:44.36
22 Ada Halverson 9 Mora 2:46.17
23 Blanca Gonzalez Sierra 10 North Branch 2:46.17
24 Sanny Gangi 12 Grand Rapids 2:48.00
25 Makayla Waldron 10 Rock Ridge 2:48.01
26 Ella Schlichting 8 Pine City 2:58.66
27 Amelia Sauter 7 Pine City 2:59.34
28 Marielle Johnson 9 Duluth Denfeld 3:15.38
29 Courtney Carlson 11 Duluth Denfeld 3:24.88
30 Holly Sylvester 9 Grand Rapids 3:29.48

Varsity Boys 1600 Meters Finals

Athlete Yr Team Mark

=====

1 Cameron Stocke 12 Rock Ridge 4:13.09
2 Miles Fischer 12 Cloquet 4:22.80
3 Biruk Killeen 10 Chisago Lakes 4:40.99
4 Jordan Stumm 10 North Branch 4:46.06
5 Alex Williams 11 Mora 4:51.06
6 Silas Langner 10 Hibbing 4:57.59
7 Elijah Wozniak 11 Proctor 4:57.76
8 Larson Curnow 10 Grand Rapids 4:58.80
9 Roman McKinney 10 Pine City 4:59.60
10 Stylianos Regas 12 Duluth Denfeld 4:59.77
11 Jack Bottoms 8 Hibbing 4:59.85
12 Zane Poenix 10 Grand Rapids 5:00.13
13 Remy Larsen 8 Chisago Lakes 5:00.76
14 Cooper Lucarelli 8 Hermantown 5:00.99
15 Charlie Ausmus 10 Pine City 5:02.33
16 Jake Bradach 12 Rock Ridge 5:11.33
17 Casey Aune 11 Rock Ridge 5:14.49
18 Andrew Witkowski 9 North Branch 5:15.35
19 Josh Rock 10 Duluth Denfeld 5:15.64
20 Noah Deluca 11 Proctor 5:16.98
21 Ian Berube 10 Cloquet 5:17.33
22 Cian O'Halloran 8 Chisago Lakes 5:19.00
23 Zach Warner 10 Hermantown 5:20.06
24 Jackson Olson 10 Proctor 5:20.18
25 Taite Murden 11 Hibbing 5:21.32
26 Aksel Olson 9 Mora 5:21.32
27 William Stelmack 7 North Branch 5:21.77
28 Tim Kazmierczak 8 Cloquet 5:27.46
29 Noah McDaniel 9 Pine City 5:40.92
30 Gabe Buck 11 Duluth Denfeld 6:07.40
31 Dayton Landey 11 Grand Rapids 6:25.70

Varsity Girls 1600 Meters Finals

=====

Athlete Yr Team Mark

=====

1 Kaia Osmundson 10 Chisago Lakes 5:16.02
2 Annika Hall 7 Chisago Lakes 5:16.39
3 Mileena Sullivan 11 Hibbing 5:35.33
4 Eva Johnson 11 Pine City 5:41.73
5 Ellie Pease 8 Proctor 5:42.99
6 Lainey Hallan 11 Chisago Lakes 5:50.53
7 Campbell Amundson 10 Hermantown 5:51.68
8 Katelyn Torrel 12 Rock Ridge 5:52.56
9 Avery Kukowski 8 Hibbing 6:00.62
10 Emma Hermanson 11 Pine City 6:00.85
11 Avah Kraushaar 12 Rock Ridge 6:03.11
12 Maria Aluni 9 Rock Ridge 6:04.15
13 Elise Cawcutt 11 Cloquet 6:05.69
14 Keanna Simula 11 Cloquet 6:08.73
15 Hannah Farnsworth 8 Hibbing 6:11.52
16 Julia Knight 11 Proctor 6:18.98
17 Emily Walters 11 Grand Rapids 6:33.22
18 Ava Witkowski 7 North Branch 6:35.84
19 Amelia Sauter 7 Pine City 6:36.37
20 Victoria Nelson 11 Cloquet 6:36.61
21 Ellie Berg 11 Proctor 6:42.43
22 Kylie Anderson 9 North Branch 6:48.53
23 Emily Timm 11 Grand Rapids 7:06.76
24 Sophie Roberts 9 Duluth Denfeld 7:07.20

25 Janelle King 11 Duluth Denfeld 7:28.57

Varsity Boys 3200 Meters Finals

=====

Athlete Yr Team Mark

=====

- 1 Miles Fischer 12 Cloquet 9:48.94
- 2 Brenden Sylvester 9 Grand Rapids 10:32.53
- 3 Silas Langner 10 Hibbing 10:37.21
- 4 Jordan Stumm 10 North Branch 10:38.10
- 5 Alex Williams 11 Mora 10:43.46
- 6 Adrian Rausch 9 Rock Ridge 10:46.00
- 7 Charles Juntunen 12 Duluth Denfeld 10:51.37
- 8 Remy Larsen 8 Chisago Lakes 10:59.71
- 9 Stylianos Regas 12 Duluth Denfeld 11:05.52
- 10 Adrian Hanson-Kaasa 12 Grand Rapids 11:08.13
- 11 Santiago Lenz 11 Proctor 11:13.71
- 12 Cooper Lucarelli 8 Hermantown 11:19.81
- 13 Andrew Witkowski 9 North Branch 11:22.52
- 14 Henry Johnson 11 Chisago Lakes 11:22.59
- 15 Christian Massich 11 Hibbing 11:24.83
- 16 Roman McKinney 10 Pine City 11:37.39
- 17 Dawson Smart 9 Mora 11:40.16
- 18 Nathanael Damiani 9 North Branch 11:45.70
- 19 Ian Berube 10 Cloquet 11:46.82
- 20 Kale Fairchild 9 Grand Rapids 11:50.13
- 21 Ethan Ford 8 Chisago Lakes 11:51.21
- 22 Brady Janezich 8 Hibbing 11:53.14
- 23 Aiden Gallagher 11 Proctor 12:01.25
- 24 Jacob Le 8 Rock Ridge 12:10.28
- 25 Tyler Wudinich 9 Rock Ridge 12:10.33
- 26 Noah McDaniel 9 Pine City 12:17.42
- 27 Zach Warner 10 Hermantown 13:02.41
- 28 Hunter Williams 12 Cloquet 13:03.57
- 29 Alex Gallant 11 Duluth Denfeld 13:22.47
- 30 Jenner Kunze 7 Pine City 13:26.42

Varsity Girls 3200 Meters Finals

=====

Athlete Yr Team Mark

=====

- 1 Annika Hall 7 Chisago Lakes 11:44.15
- 2 Kaia Osmundson 10 Chisago Lakes 11:54.04
- 3 Mileena Sullivan 11 Hibbing 12:03.04
- 4 Lizzy Harnell 10 Proctor 12:07.47
- 5 Nora Stark 9 Rock Ridge 12:17.61
- 6 Eva Johnson 11 Pine City 12:38.75
- 7 Lauren Kowarsch 9 Chisago Lakes 12:58.34
- 8 Rachel Brown 10 Pine City 13:02.67
- 9 Ferrah LaLone 8 Hermantown 13:20.23
- 10 Whitney Sylvester 11 Grand Rapids 13:24.82
- 11 Nessa Friess 9 Proctor 13:34.91
- 12 Jocelyn Strukel 11 Hibbing 13:41.29
- 13 Elise Cawcutt 11 Cloquet 13:41.84
- 14 Bri LaCore 9 Cloquet 13:51.12
- 15 Della Bettendorf 10 Proctor 13:54.23
- 16 Miriam Milani 12 Hibbing 13:57.40
- 17 Alice Anderson 9 Mora 14:08.90
- 18 Ava Witkowski 7 North Branch 14:42.91
- 19 Adrianna Nelson 9 Cloquet 14:59.65
- 20 Milla Beldo 11 Duluth Denfeld 15:15.84
- 21 Kylie Anderson 9 North Branch 15:40.92

Varsity Girls 100m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Hatatu Killeen 12 Chisago Lakes 15.81 -0.6
- 2 Shaeyna Andreotti 11 North Branch 15.91 -0.6
- 3 Elise Harriman 12 Hermantown 16.65 -0.6
- 4 Lily DeBay 7 Grand Rapids 16.73 -0.6
- 5 Ellee Nelson 10 Grand Rapids 17.21 -0.6
- 6 Brianna Polipnick 11 North Branch 17.23 -0.6
- 7 Ella Walker 11 Proctor 17.44 -0.6
- 8 Maija Rantala 11 Rock Ridge 17.52 -0.6

Varsity Girls 100m Hurdles Prelims

=====

Athlete Yr Team Mark

=====

- 1 Shaeyna Andreotti 11 North Branch 16.22
- 2 Hatatu Killeen 12 Chisago Lakes 16.32
- 3 Elise Harriman 12 Hermantown 16.58
- 4 Lily DeBay 7 Grand Rapids 17.26
- 5 Ellee Nelson 10 Grand Rapids 17.55
- 6 Ella Walker 11 Proctor 17.75
- 7 Maija Rantala 11 Rock Ridge 17.85
- 8 Brianna Polipnick 11 North Branch 18.06
- 9 Amelia Anderson 8 Chisago Lakes 18.35
- 10 Riley Toivonen 11 Grand Rapids 18.56
- 11 Mikayla Stirewalt 9 Cloquet 18.76
- 12 Nora Hougum 11 Mora 18.93
- 13 Abigail Sather 9 Rock Ridge 19.03
- 14 Kyra Robinson 11 Duluth Denfeld 19.06
- 15 Lily Hubbard 11 Chisago Lakes 19.06
- 16 Jolie Stocke 12 Rock Ridge 19.15
- 17 Jasmine Omae 7 Pine City 19.16
- 18 Macava Smith 12 Cloquet 19.19
- 19 Katelyn Olson 12 Cloquet 19.22
- 20 Teresa Root 9 Pine City 19.39
- 21 Nora Friess 11 Proctor 19.44
- 22 Amelia Bjerketvedt 11 North Branch 19.75
- 23 Veyda Friend 9 Hibbing 20.27
- 24 Ellie Pease 8 Proctor 20.70
- 25 Caitlin Cox 10 Hermantown 20.98
- 26 Ellia Kastenbauer 9 Mora 21.40
- 27 Hanley Ortiz 7 Hibbing 21.72
- 28 Addison Blaiser 9 Pine City 26.01

Varsity Boys 110m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Tayven Peterson 12 Mora 14.77 -0.1
- 2 Cody Evers 11 Proctor 15.11 -0.1
- 3 Herschel Christensen 10 Grand Rapids 15.29 -0.1
- 4 Wyatt Christensen 12 Grand Rapids 15.60 -0.1
- 5 Luke Hecimovich 11 Rock Ridge 15.81 -0.1
- 6 Cameron Pease 11 Proctor 15.86 -0.1
- 7 Benjamin Paulsen 11 Chisago Lakes 16.46 -0.1
- 8 Brady Alaspa 12 Rock Ridge 16.90 -0.1

Varsity Boys 110m Hurdles Prelims

=====

Athlete Yr Team Mark

- =====
- 1 Tayven Peterson 12 Mora 15.12
 - 2 Cody Evers 11 Proctor 15.50
 - 3 Herschel Christensen 10 Grand Rapids 15.79
 - 4 Wyatt Christensen 12 Grand Rapids 16.12
 - 5 Luke Hecimovich 11 Rock Ridge 16.16
 - 6 Cameron Pease 11 Proctor 16.23
 - 7 Benjamin Paulsen 11 Chisago Lakes 17.04
 - 8 Brady Alaspa 12 Rock Ridge 17.18
 - 9 Adili Elfundi 11 Duluth Denfeld 17.29
 - 10 Dallas Swart 12 Hibbing 17.39
 - 11 John Fisk 11 Duluth Denfeld 17.61
 - 12 Cooper Williams 12 Rock Ridge 17.69
 - 13 Blake Lelm 11 North Branch 18.28
 - 14 Aaron McMullen 8 Grand Rapids 18.64
 - 15 Zach Wunner 9 Hermantown 18.73
 - 16 Michael Kruse 10 Cloquet 19.39
 - 17 Ray Gatzke 11 Pine City 19.43
 - 18 Trent Guth 10 Chisago Lakes 19.63
 - 19 Joe Bailey 11 Cloquet 19.93
 - 20 Wyatt Scott 10 Hermantown 19.96
 - 21 Brock Bauer 10 Duluth Denfeld 20.37
 - 22 Cole Hughes 12 Hibbing 20.72
 - 23 Aidan Petrich 12 Hermantown 21.02
 - 24 Alan Pearson 11 Chisago Lakes 21.14

Varsity Boys 300m Hurdles Finals

Athlete Yr Team Mark

- =====
- 1 Tayven Peterson 12 Mora 39.33
 - 2 Cameron Pease 11 Proctor 39.93
 - 3 Cody Evers 11 Proctor 41.47
 - 4 Brody Rothe 10 North Branch 41.69
 - 5 Benjamin Paulsen 11 Chisago Lakes 41.93
 - 6 Miigwan Tanner-Wostrel 12 Cloquet 42.42
 - 7 Luke Hecimovich 11 Rock Ridge 43.52
 - 8 Ray Gatzke 11 Pine City 45.63

Varsity Boys 300m Hurdles Prelims

Athlete Yr Team Mark

- =====
- 1 Cameron Pease 11 Proctor 40.75
 - 2 Tayven Peterson 12 Mora 40.89
 - 3 Brody Rothe 10 North Branch 42.35
 - 4 Cody Evers 11 Proctor 42.57
 - 5 Benjamin Paulsen 11 Chisago Lakes 42.94
 - 6 Miigwan Tanner-Wostrel 12 Cloquet 43.17
 - 7 Luke Hecimovich 11 Rock Ridge 44.07
 - 8 Ray Gatzke 11 Pine City 44.63
 - 9 Blake Lelm 11 North Branch 44.79
 - 10 Dallas Swart 12 Hibbing 44.87
 - 11 Brady Alaspa 12 Rock Ridge 45.23
 - 12 Adili Elfundi 11 Duluth Denfeld 46.01
 - 13 Michael Kruse 10 Cloquet 46.09
 - 14 Cooper Williams 12 Rock Ridge 46.63
 - 15 Aaron McMullen 8 Grand Rapids 47.06
 - 16 Joseph Marchetti 9 Hibbing 47.53
 - 17 Connor Gmahl 12 Mora 47.56
 - 18 Azariah Lees 10 Chisago Lakes 48.29

- 19 Brock Bauer 10 Duluth Denfeld 48.79
- 20 Maximillion Arntson 12 Chisago Lakes 49.44
- 21 Randel Warner 9 Pine City 51.24
- 22 Devon Vorbeck 10 Grand Rapids 51.70
- 23 John Fisk 11 Duluth Denfeld 51.74
- 24 Cole Hughes 12 Hibbing 52.51
- 25 Luke Smith 9 Proctor 52.67
- 26 Aidan Petrich 12 Hermantown 54.10
- Zach Wunner 9 Hermantown DQ

Varsity Girls 300m Hurdles Finals

Athlete Yr Team Mark

- =====
- 1 Ella Kuhlman 10 North Branch 46.74
 - 2 Ava Bringgold 10 Chisago Lakes 46.76
 - 3 Makenzie Lynch 8 Cloquet 46.84
 - 4 Shaeyna Andreotti 11 North Branch 47.98
 - 5 Lily DeBay 7 Grand Rapids 48.28
 - 6 Arissa Rydberg 11 Pine City 48.97
 - 7 Summer Thieman 11 Pine City 49.02
 - 8 Brianna Polipnick 11 North Branch 50.59

Varsity Girls 300m Hurdles Prelims

Athlete Yr Team Mark

- =====
- 1 Makenzie Lynch 8 Cloquet 47.46
 - 5 Lily DeBay 7 Grand Rapids 48.00
 - 2 Ella Kuhlman 10 North Branch 48.22
 - 3 Ava Bringgold 10 Chisago Lakes 49.16
 - 4 Shaeyna Andreotti 11 North Branch 49.43
 - 6 Arissa Rydberg 11 Pine City 50.26
 - 7 Summer Thieman 11 Pine City 50.32
 - 8 Brianna Polipnick 11 North Branch 50.75
 - 9 Madelyn Luger 10 Chisago Lakes 51.66
 - 10 Amelia Anderson 8 Chisago Lakes 52.45
 - 11 Ella Walker 11 Proctor 53.62
 - 12 Kyra Robinson 11 Duluth Denfeld 53.87
 - 13 Ellie Pease 8 Proctor 54.54
 - 14 Senya Piekarski 10 Grand Rapids 54.58
 - 15 Ellee Nelson 10 Grand Rapids 54.95
 - 16 Abigail Sather 9 Rock Ridge 55.19
 - 17 Caitlin Cox 10 Hermantown 55.43
 - 18 Maija Rantala 11 Rock Ridge 56.47
 - 19 Ellia Kastenbauer 9 Mora 56.73
 - 20 Katelyn Olson 12 Cloquet 57.27
 - 21 KelliJoy Manninen 10 Proctor 57.73
 - 22 Mikayla Stirewalt 9 Cloquet 58.24
 - 23 Reese Aune 12 Hibbing 58.44
 - 24 Jolie Stocke 12 Rock Ridge 59.35
 - 25 Teresa Root 9 Pine City 1:03.71
 - 26 Brooklynn Favell 9 Duluth Denfeld 1:08.92
 - Brooklyn Cooley 7 Hibbing DQ

Varsity Boys 4x100m Relay Finals

Team Time

- =====
- 1 Cloquet 43.36
 - 2 Chisago Lakes 44.25
 - 3 Rock Ridge 44.72

- 4 North Branch 44.85
- 5 Grand Rapids 44.92
- 6 Duluth Denfeld 45.37
- 7 Hermantown 46.17
- 8 Pine City 47.67
- 9 Hibbing 48.18
- 10 Proctor 48.74

- 3 Proctor 3:35.19
- 4 Cloquet 3:35.74
- 5 North Branch 3:36.15
- 6 Chisago Lakes 3:42.20
- 7 Mora 3:50.22
- 8 Pine City 3:51.74
- 9 Hibbing 3:51.77
- 10 Hermantown 3:55.13
- 11 Grand Rapids 4:02.75

Varsity Girls 4x100m Relay Finals

=====

Team Time

=====

- 1 Chisago Lakes 49.54
- 2 North Branch 50.30
- 3 Hermantown 50.66
- 4 Cloquet 51.18
- 5 Hibbing 51.86
- 6 Proctor 52.25
- 7 Pine City 53.43
- 8 Mora 53.54
- 9 Grand Rapids 54.13
- 10 Rock Ridge 54.37
- 11 Duluth Denfeld 55.99

Varsity Girls 4x400m Relay Finals

=====

Team Time

=====

- 1 North Branch 4:04.55
- 2 Chisago Lakes 4:10.23
- 3 Hibbing 4:12.43
- 4 Pine City 4:14.62
- 5 Proctor 4:17.75
- 6 Cloquet 4:23.28
- 7 Rock Ridge 4:25.29
- 8 Duluth Denfeld 4:26.45
- 9 Mora 4:26.55
- 10 Hermantown 4:31.90
- 11 Grand Rapids 4:32.00

Varsity Boys 4x200m Relay Finals

=====

Team Time

=====

- 1 Cloquet 1:31.69
- 2 Rock Ridge 1:32.60
- 3 Chisago Lakes 1:32.80
- 4 North Branch 1:33.28
- 5 Mora 1:35.45
- 6 Hermantown 1:35.49
- 7 Hibbing 1:36.65
- 8 Proctor 1:39.83
- 9 Duluth Denfeld 1:40.42
- 10 Pine City 1:40.74
- 11 Grand Rapids 1:41.43

Varsity Boys 4x800m Relay Finals

=====

Team Time

=====

- 1 Rock Ridge 8:13.96
- 2 Pine City 8:22.21
- 3 Duluth Denfeld 8:26.81
- 4 Cloquet 8:43.27
- 5 Grand Rapids 8:43.39
- 6 Hibbing 8:54.94
- 7 Chisago Lakes 9:27.84
- 8 Proctor 9:47.64
- 9 Hermantown 9:47.67

Varsity Girls 4x200m Relay Finals

=====

Team Time

=====

- 1 North Branch 1:45.79
- 2 Hermantown 1:47.60
- 3 Pine City 1:50.01
- 4 Rock Ridge 1:50.58
- 5 Cloquet 1:50.62
- 6 Proctor 1:51.36
- 7 Chisago Lakes 1:52.20
- 8 Duluth Denfeld 1:55.53
- 9 Mora 1:56.17
- 10 Grand Rapids 1:57.98
- Hibbing DQ

Varsity Girls 4x800m Relay Finals

=====

Team Time

=====

- 1 Cloquet 9:44.00
- 2 Hibbing 9:46.46
- 3 Proctor 9:52.25
- 4 Rock Ridge 9:55.76
- 5 Chisago Lakes 10:35.49
- 6 Pine City 10:41.87
- 7 Mora 10:56.55
- 8 Duluth Denfeld 13:01.19

Varsity Boys Shot Put Finals

=====

Athlete Yr Team Mark

=====

- 1 Josh Monreal 12 Proctor 52-02.50
- 2 Noah Mitchell 12 Rock Ridge 48-11.00
- 3 Lance Konietzko 12 Cloquet 48-10.00
- 4 Aiden Shepherd 11 Hibbing 47-04.00
- 5 Isaac Flatley 12 Rock Ridge 46-00.50

Varsity Boys 4x400m Relay Finals

=====

Team Time

=====

- 1 Rock Ridge 3:29.34
- 2 Duluth Denfeld 3:34.58

6 Jonah Aluni 12 Rock Ridge 45-09.50
7 Christian Marchant 12 Chisago Lakes 44-10.75
8 Mason Sundquist 11 Cloquet 42-11.00
9 Benjamin Harker 11 Grand Rapids 41-09.25
10 Evan Senst 10 Hermantown 41-08.00
11 Josh Bankers 12 Mora 41-00.00
12 Riley Estes 10 Chisago Lakes 40-09.00
13 Zak McPhee 11 Proctor 40-07.50
14 Alexander Henderson 11 Hibbing 40-05.50
15 Jace Preston 11 Pine City 40-01.00
16 Jayden Roske 11 North Branch 40-00.00
17 Devin McClanahan 11 Mora 39-10.00
18 Liu Newland 12 Duluth Denfeld 39-04.75
19 Stephen Weiss 12 Chisago Lakes 39-03.00
20 Hudson Hillman 11 Grand Rapids 38-07.25
21 Zach Ploetz 12 Hermantown 38-02.75
22 Rajon Gamble 10 Duluth Denfeld 38-02.00
23 Austin Wiener 10 Pine City 37-11.00
24 Jacen Nelson 12 Duluth Denfeld 37-09.25
25 Curtis Maegi 10 Mora 36-10.50
26 Lucas Lopac 12 Hibbing 36-01.00
26 Ethan Deters 12 Hermantown 36-01.00
28 Edward Stone 11 Cloquet 35-01.50
29 Trevor Hazelton 11 Pine City 35-00.25
30 Jack Nelson 12 North Branch 34-11.50
31 Moses Ochoa 10 North Branch 34-08.50
32 Samuel Connelly 11 Grand Rapids 33-08.25
33 Brett Pampuch 12 Proctor 32-01.25

Varsity Girls Shot Put Finals

=====

Athlete Yr Team Mark

=====

1 Lena Roubinek 11 Pine City 36-08.00
2 Abigail Sullivan 12 Hibbing 35-02.75
3 Bridget Nolan 11 Mora 34-04.00
4 Laura Carlson 10 Chisago Lakes 34-01.00
5 Lily Doughty 11 Mora 32-00.50
6 Alyssa Yokom 12 Hermantown 31-11.75
7 Avere Kubesh 9 Pine City 31-09.00
8 Seija Suominen 12 Cloquet 31-06.50
9 Julia Hockban 11 Pine City 31-05.00
10 Madison Eagle 7 Chisago Lakes 30-11.00
11 Jenna Lukenbill 9 Mora 30-04.00
12 Emma Herstad 12 Hermantown 30-02.50
13 Isabelle Walto 10 Hibbing 29-11.50
14 Gabby Belrose 11 Hermantown 29-05.00
15 Bethany Mendonsa 12 Grand Rapids 29-03.25
16 Emma Thomsen 11 Grand Rapids 27-06.75
17 Claire Husnik 12 North Branch 27-02.00
17 Ava Haywood 8 Chisago Lakes 27-02.00
19 Ahna Demenge 11 Cloquet 27-01.75
20 Madison Roen 9 Rock Ridge 27-00.50
21 Rylee Ramberg 12 North Branch 26-11.75
22 Jenna Minke 8 North Branch 26-10.50
23 Reese Aune 12 Hibbing 26-10.00
24 Alex Gunderson 11 Rock Ridge 26-07.50
25 Ava Neururer 9 Grand Rapids 26-01.00
26 Lola Witty 9 Proctor 25-10.00
27 Mia Schuchard 12 Rock Ridge 24-07.00
28 Cesi Giron 9 Duluth Denfeld 22-08.00
29 Hannah Sandman 12 Cloquet 21-11.00

30 Ivy Henderson 12 Proctor 21-08.50
31 Elissa Donahue 11 Proctor 20-01.00
32 Addison Miner 9 Duluth Denfeld 19-09.00

Varsity Boys Discus Finals

=====

Athlete Yr Team Mark

=====

1 Josh Monreal 12 Proctor 149-00
2 Benjamin Harker 11 Grand Rapids 139-10
3 Mason Sundquist 11 Cloquet 139-08
4 Zak McPhee 11 Proctor 139-01
5 Lance Konietzko 12 Cloquet 131-02
6 Jonah Aluni 12 Rock Ridge 129-00
7 Devin McClanahan 11 Mora 125-07
8 Christian Marchant 12 Chisago Lakes 124-09
9 Quinn Schnabel 12 Proctor 121-10
10 Moses Ochoa 10 North Branch 117-06
11 Edward Stone 11 Cloquet 115-02
12 Jace Preston 11 Pine City 112-07
13 Evan Senst 10 Hermantown 112-02
14 Noah Mitchell 12 Rock Ridge 111-09
15 Ben Bandy 11 Duluth Denfeld 111-06
16 Alexander Henderson 11 Hibbing 111-04
17 Zach Ploetz 12 Hermantown 109-02
18 Curtis Maegi 10 Mora 106-04
19 Samuel Connelly 11 Grand Rapids 104-04
20 Everett Okland 12 Rock Ridge 103-04
21 Austin Wiener 10 Pine City 102-09
22 Addison McKay 11 Duluth Denfeld 102-06
23 Jack Jaros 11 Hermantown 100-10
24 Jayden Roske 11 North Branch 100-06
25 Stephen Weiss 12 Chisago Lakes 99-00
26 Hudson Hillman 11 Grand Rapids 97-01
27 Vincent Adams 11 Chisago Lakes 96-00
28 Jack Nelson 12 North Branch 94-09
29 Aiden Shepherd 11 Hibbing 92-03
30 Fredrick Ausmus 12 Pine City 87-01
31 Ian Tanui 11 Duluth Denfeld 79-07
-- Josh Bankers 12 Mora FOUL
-- Vincent Marchetti 11 Hibbing FOUL

Varsity Girls Discus Finals

=====

Athlete Yr Team Mark

=====

1 Seija Suominen 12 Cloquet 116-05
2 Maggie Smetana 12 Pine City 114-06
3 Elise Harriman 12 Hermantown 111-07
4 Alyssa Yokom 12 Hermantown 104-00
5 Chloe McKellar 12 Pine City 101-04
6 Emma Herstad 12 Hermantown 99-08
7 Alex Gunderson 11 Rock Ridge 98-05
8 Emma Thomsen 11 Grand Rapids 95-07
9 Lily Doughty 11 Mora 93-06
10 Bethany Mendonsa 12 Grand Rapids 87-11
11 Bridget Nolan 11 Mora 86-06
12 Jenna Lukenbill 9 Mora 85-05
13 Isabelle Walto 10 Hibbing 84-01
14 Olivia Hallstrom 12 Chisago Lakes 83-10
15 Abigail Sullivan 12 Hibbing 83-05
16 Claire Kloster 12 Duluth Denfeld 83-01

17 Rylee Ramberg 12 North Branch 80-06
 18 Hope Carlson 12 Proctor 80-05
 19 Aisha Roche 10 Chisago Lakes 79-08
 20 Hannah Sandman 12 Cloquet 77-05
 21 Ilsa Heinecke 11 Chisago Lakes 75-04
 22 Mia Schuchard 12 Rock Ridge 72-02
 23 Ava Neururer 9 Grand Rapids 72-01
 24 Claire Husnik 12 North Branch 69-07
 25 Jenna Minke 8 North Branch 69-05
 26 Aleksia Tollefson 12 Rock Ridge 66-09
 27 Cesi Giron 9 Duluth Denfeld 64-02
 28 Chloe Wojciehowski 12 Hibbing 60-08
 29 Addison Miner 9 Duluth Denfeld 53-01
 30 Ivy Henderson 12 Proctor 47-05
 -- Julia Hockban 11 Pine City FOUL
 -- Ahna Demenge 11 Cloquet FOUL

12 KelliJoy Manninen 10 Proctor 4-06.00
 15 Ellie Bjorge 11 Rock Ridge 4-06.00
 16 Heidi Hedberg 9 North Branch 4-04.00
 16 Jade Knoespel 9 North Branch 4-04.00
 16 Riley Toivonen 11 Grand Rapids 4-04.00
 16 Ellia Kastenbauer 9 Mora 4-04.00
 16 Mikenna Fritzke 7 Chisago Lakes 4-04.00
 16 Gianna Manning 7 Hibbing 4-04.00
 -- Nora Friess 11 Proctor NH
 -- Ava Anick 12 Hermantown NH
 -- Jenasis Moody 7 Pine City NH
 -- Alyssa Yokom 12 Hermantown NH
 -- Sophia Halter 11 Hibbing NH
 -- Leah Sikich 9 Hibbing NH
 -- Genna McCallum 10 Mora NH

Varsity Boys High Jump Finals

=====

Athlete Yr Team Mark

=====

1 Max Williams 11 Rock Ridge 5-11.00
 2 Blake Siefert 10 Chisago Lakes 5-10.00
 3 Matthew Erickson 12 Cloquet 5-10.00
 4 Blake Schmitz 12 Hermantown 5-10.00
 5 Herschel Christensen 10 Grand Rapids 5-10.00
 6 Quinten Grams-landsberger 10 Chisago Lakes 5-08.00
 7 Blake Lelm 11 North Branch 5-08.00
 8 Jacob Grabow 9 Chisago Lakes 5-08.00
 9 Dallas Fix 12 Mora 5-08.00
 10 Ryan Herberg 11 Rock Ridge 5-06.00
 10 Cooper Williams 12 Rock Ridge 5-06.00
 10 Devin Kirchner 11 Hermantown 5-06.00
 10 Trevor VonBrethorst 12 Hibbing 5-06.00
 14 Eli Heehn 8 Cloquet 5-04.00
 14 Broc Sundland 12 Hermantown 5-04.00
 14 Drew Grochowski 11 Proctor 5-04.00
 17 Ray Ovick 8 Pine City 5-02.00
 17 Nico Cianni 12 Hibbing 5-02.00
 -- Lukas White 9 Proctor NH
 -- Conner Tibbetts 9 Cloquet NH
 -- Josh Rock 10 Duluth Denfeld NH
 -- Aaron McMullen 8 Grand Rapids NH
 -- Sawyer McDaniel 10 Pine City NH

Varsity Boys Pole Vault Finals

=====

Athlete Yr Team Mark

=====

1 Kaydin Metzgar 12 Grand Rapids 12-08.00
 2 Elias Hallan 12 Chisago Lakes 12-03.00
 3 Austin Valento 10 Hibbing 12-03.00
 4 Nathaniel Bear 10 Chisago Lakes 11-10.00
 5 Trent Guth 10 Chisago Lakes 11-05.00
 6 Brody Rothe 10 North Branch 10-00.00
 7 Cole Hawkinson 12 Grand Rapids 9-06.00
 8 Daimien Lord 10 Pine City 9-06.00
 9 Preston Sullivan 12 Hibbing 9-00.00
 9 Tyler Fosso 11 Hibbing 9-00.00
 -- Brayden Rock 12 Duluth Denfeld NH
 -- John Fisk 11 Duluth Denfeld NH
 -- Noah Root 11 Pine City NH
 -- Aksel Olson 9 Mora NH
 -- Gus Haugen 12 Duluth Denfeld NH
 -- Ellis Allen 9 Cloquet NH

Varsity Girls High Jump Finals

=====

Athlete Yr Team Mark

=====

1 Taylor Wick 12 Cloquet 5-01.00
 2 Ava Bringgold 10 Chisago Lakes 5-00.00
 3 Teresa Root 9 Pine City 5-00.00
 4 Alexa Snesrud 12 Cloquet 4-10.00
 5 Ginger Pogolrek 9 Grand Rapids 4-10.00
 6 Olivia Johnson 10 Hermantown 4-08.00
 6 Lily Hubbard 11 Chisago Lakes 4-08.00
 8 Kady Hermanson 8 Pine City 4-08.00
 9 Avery Smith 10 North Branch 4-06.00
 10 Katelyn Olson 12 Cloquet 4-06.00
 10 Abigail Sather 9 Rock Ridge 4-06.00
 12 Sophie Roark 9 Rock Ridge 4-06.00
 12 Allana Carlson 12 Proctor 4-06.00

Varsity Girls Pole Vault Finals

=====

Athlete Yr Team Mark

=====

1 Ella Dick 9 North Branch 10-04.00
 2 Josie Hanttula 12 Grand Rapids 10-00.00
 3 Brooke Giese 9 North Branch 9-06.00
 3 Dakota Esget 10 North Branch 9-06.00
 3 Bene' Smith 10 Chisago Lakes 9-06.00
 6 Catharine Larson 10 Chisago Lakes 9-00.00
 6 Genna McCallum 10 Mora 9-00.00
 8 Katey Thieman 8 Pine City 8-06.00
 9 Amelia Anderson 8 Chisago Lakes 8-00.00
 10 Alizah Langner 10 Hibbing 7-06.00
 11 Gracie Larson 9 Pine City 7-00.00
 11 Julia Miletich 10 Duluth Denfeld 7-00.00
 -- Kate Swenson 9 Grand Rapids NH
 -- Katie Harker 9 Grand Rapids NH
 -- Olivia Thompson 9 Mora NH
 -- Isabella Zika 9 Hibbing NH
 -- Madysen Waters 11 Cloquet NH
 -- Claire Kloster 12 Duluth Denfeld NH
 -- Autumn Peterson 11 Cloquet NH

Varsity Boys Long Jump Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Nick Bovitz 12 North Branch 22-01.75 1.4
2 Colton Johnson 11 Grand Rapids 20-08.25 1.5
3 Ryan Prihoda 12 Pine City 20-07.00 1.7
4 Tanner Homstad 9 Hermantown 20-02.75 1.9
5 Elijah Aultman 11 Cloquet 19-11.75 2.1
6 Matthew Erickson 12 Cloquet 19-10.75 0.2
6 Taguta Tadiwanaishe 10 Grand Rapids 19-10.75 1.3
8 Ryan Manninen 12 Rock Ridge 19-10.00 1.4
9 Reese Sheldon 12 Cloquet 19-07.00 1.6
10 Sawyer Williams 10 Rock Ridge 19-03.50 0.1
11 Griffin Krmpotich 12 Rock Ridge 19-01.50 1.1
12 Wyatt Christensen 12 Grand Rapids 19-00.25 0
13 Brody Summers 11 Hermantown 18-10.25 1.7
14 Luke Pearson 11 Duluth Denfeld 18-09.75 2.1
15 Dallas Fix 12 Mora 18-08.75 1.8
15 Ieuan Bailey 9 Chisago Lakes 18-08.75 1.5
17 Cody Evers 11 Proctor 18-07.25 0.3
18 Ray Gatzke 11 Pine City 17-06.25 1.8
19 Nico Cianni 12 Hibbing 17-02.75 1.4
19 Brady Taff 9 North Branch 17-02.75 2
21 Nolan Okstad 11 Proctor 17-00.50 1.4
22 Thomas Hagen 12 Hibbing 16-11.00 0.7
22 Josh Brinker 12 Pine City 16-11.00 0.9
24 Elias Langner 10 Hibbing 16-04.25 0.8
25 Sam Dobinson 11 Hermantown 16-03.75 0.5
26 Jacob Grabow 9 Chisago Lakes 16-03.25 1.6
27 Ian Dobosenski 10 Proctor 14-00.00 1.5
-- Alan Pearson 11 Chisago Lakes FOUL 3
-- Liu Newland 12 Duluth Denfeld FOUL 3
-- Kaden Dixon 11 Duluth Denfeld FOUL 2

Varsity Girls Long Jump Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Madison Whitman 11 North Branch 17-00.50 4.3
2 Taylor Wick 12 Cloquet 16-09.25 2.2
3 Asaysha Olson 10 North Branch 16-06.25 1.9
4 Derrian Dick 10 North Branch 16-02.00 1.2
5 Addyson Barrett 11 Chisago Lakes 16-01.75 1
6 Allison Fink 10 Rock Ridge 16-00.25 2.3
7 Kennedy Wick 10 Cloquet 15-09.50 1.2
8 Lily DeBay 7 Grand Rapids 15-05.75 1.8
9 Makenzie Lynch 8 Cloquet 15-03.25 1.8
10 Parker Ennis 11 Mora 14-11.75 0
11 Ainsley Olson 12 Grand Rapids 14-09.00 1.5
12 Lizzy Fultz 9 Rock Ridge 14-07.25 2.2
13 Eden Appleby 10 Chisago Lakes 14-05.25 1.6
14 Catharine Larson 10 Chisago Lakes 14-05.00 0.8
15 Katey Thieman 8 Pine City 14-02.25 0.3
16 Jacinda Wilcox 9 Rock Ridge 13-11.50 1.5
17 Kaitlyn Olson 10 Grand Rapids 13-10.00 1
18 Abby Aagaard 11 Pine City 13-07.50 1.4
19 Lexie Rydberg 7 Pine City 13-04.75 2.3
20 Chloe Lind 11 Proctor 12-11.00 1.8
21 Brooklyn Cooley 7 Hibbing 12-09.00 0.9
22 Amari Nunez 12 Hermantown 12-01.75 1
23 Rylee Moellering 7 Hibbing 12-00.75 1.9
24 Amaria Williams 11 Duluth Denfeld 11-07.00 0.8

- 25 Abby Schunk 11 Proctor 11-04.00 1.1
26 Milla Beldo 11 Duluth Denfeld 11-00.75 1
27 Avie Murray 11 Proctor 10-03.25 1.5
-- Alice Anderson 9 Mora FOUL 1

Varsity Boys Triple Jump Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Matthew Erickson 12 Cloquet 43-08.00 2.7
2 Nick Bovitz 12 North Branch 43-07.50 1.9
3 Colton Johnson 11 Grand Rapids 43-00.50 0
4 Carson Weber 11 North Branch 41-02.00 1.4
5 Blake Siefert 10 Chisago Lakes 39-11.00 1.8
6 Sawyer Williams 10 Rock Ridge 39-10.00 0.7
7 Levi Flatley 10 Rock Ridge 39-08.50 2.6
8 Trevor VonBrethorst 12 Hibbing 38-04.00 1.7
9 Liu Newland 12 Duluth Denfeld 38-04.00 2
10 Joe Bailey 11 Cloquet 38-02.00 2.1
11 Ryan Prihoda 12 Pine City 38-01.00 2.3
12 Ryan Manninen 12 Rock Ridge 37-08.00 0.9
13 Jacob Grabow 9 Chisago Lakes 37-00.00 1.9
14 Tanner Homstad 9 Hermantown 36-11.50 1.4
15 Elijah Aultman 11 Cloquet 36-11.00 2.2
16 Quinten Grams-landsberger 10 Chisago Lakes 36-10.50 1.4
17 Ray Gatzke 11 Pine City 36-10.00 1.7
18 Tucker Johnsen 9 Pine City 35-11.00 0.7
19 Alex Ruth 11 Proctor 35-09.00 1.9
19 Nico Cianni 12 Hibbing 35-09.00 2.6
21 Mason Sovada 11 Grand Rapids 35-05.00
22 Andrew Rauzi 9 Grand Rapids 34-01.00 0.5
23 Charles Juntunen 12 Duluth Denfeld 31-09.00
23 Evan Abate 7 Hibbing 31-09.00 1
25 Grant Johnson 9 Hermantown 31-03.00 1
26 Landin Laakso 11 Proctor 31-01.00 2
-- Zach Wunner 9 Hermantown FOUL 2

Varsity Girls Triple Jump Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Taylor Wick 12 Cloquet 36-11.00 1.8
2 Asaysha Olson 10 North Branch 34-05.00 1.6
3 Tara Hertling 10 Hibbing 34-00.25 1.4
4 Catharine Larson 10 Chisago Lakes 33-07.75 0.9
5 Parker Ennis 11 Mora 32-09.25 2
6 Katey Thieman 8 Pine City 32-08.75 0.9
7 Lauren Johnson 11 Proctor 32-07.75 2.4
8 Kendra Warren 10 Chisago Lakes 32-07.50 0
9 Jacinda Wilcox 9 Rock Ridge 32-05.50 0
10 Ainsley Olson 12 Grand Rapids 31-06.75 1.6
11 Eden Appleby 10 Chisago Lakes 31-01.75 0.8
12 Brooklyn Cooley 7 Hibbing 30-10.50 1.6
13 Ava Gerten 11 North Branch 30-08.75 0.6
14 Peyton Liao 7 Pine City 30-06.75 0
15 Mercury Bischoff 10 Grand Rapids 30-04.25 1.7
16 Sophia Benedict 10 North Branch 30-02.25 1.3
17 Kayla Jenkins 10 Grand Rapids 30-01.50 0.5
18 Abby Aagaard 11 Pine City 29-11.25 1.9
19 Amari Nunez 12 Hermantown 29-10.50 2.2
20 Macava Smith 12 Cloquet 29-02.00 1.5

21 Lilly Talarico 8 Proctor 28-07.25 0.9
22 Jolie Stocke 12 Rock Ridge 28-00.25 1.1
23 Ellia Kastenbauer 9 Mora 27-05.75 0
24 Rylee Kalkbrenner 9 Hermantown 25-10.50 0.4
25 Milla Beldo 11 Duluth Denfeld 24-05.75 1.2
26 Amaria Williams 11 Duluth Denfeld 23-04.50 1.5
-- Ava Anick 12 Hermantown FOUL 1